

INTRO TO BACKPACKING

PART 1 :GEARING UP FOR SUCCESS

THURSDAY MARCH 24, 6-8PM

- *SAFETY
- *THE BIG FOUR
- *THE ESSENTIALS
- *PACKING IT ALL IN

\$50

PART 2 :HITTING THE TRAIL WITH CONFIDENCE

THURSDAY, APRIL 14, 6-8PM

- *PACKING/COOKING FOOD, STOVES
- *WATER FILTERS, BEAR BAGS, CATHOLES
- *LEAVE NO TRACE/ KNOW THE RULES
- *FIRST AID
- *MAPS/ROUTES/MILEAGE
- *SETTING UP/TAKING DOWN CAMP

\$50



INSTRUCTOR: JANE SCHMIDT

JANE HAS SOLOED ISLE ROYALE, THE GRAND CANYON, AND THE SUPERIOR HIKING TRAIL AS WELL AS GUIDED MANY WOMEN ON SUCCESSFUL TRIPS. SHE IS A CERTIFIED WILDERNESS FIRST RESPONDER, A NOLS OUTDOOR LEADERSHIP SCHOOL PARTICIPANT, A KVR ADVOCATE, AND AN ENGAGING STORYTELLER.

IN THIS TWO-PART SERIES, THERE WILL BE PLENTY OF TIME FOR SHARING, QUESTIONS, AND HANDS-ON EXPERIENCE. THESE WORKSHOPS ARE SPECIFICALLY GEARED FOR WOMEN BUT OPEN TO ALL.

TO REGISTER AND PAY VISIT:

[HTTP://KVR.STATE.WI.US/EVENTS/REGISTRATION-PAGE/](http://kvr.state.wi.us/events/registration-page/)

KICKAPOO VALLEY RESERVE VISITOR CENTER
S3661 STATE HIGHWAY 131 LA FARGE, WI 54639

THE KICKAPOO VALLEY RESERVE MONITORS AND FOLLOWS THE MOST CURRENT CDC, WI DHS AND LOCAL HEALTH OFFICIALS' GUIDANCE REGARDING COVID 19. THE VISITOR CENTER IS OPEN TO THE PUBLIC WITH THE FOLLOWING GUIDELINES: ALL EMPLOYEES ARE REQUIRED TO WEAR A FACE COVERING WHEN INDOORS, REGARDLESS OF VACCINE STATUS. MEMBERS OF THE PUBLIC ARE STRONGLY ENCOURAGED TO WEAR A COVERING INDOORS AND ARE REQUIRED TO WEAR A FACE COVERING INDOORS, IF NOT FULLY VACCINATED.

